Wednesday

16.00–17.00 **Registration**

17.30–19.00 **Welcome reception at City Hall**

Thursday

	Theatre/plenary room	Odyssee	La Fontaine	Trinidad	Sun room	Sky room	Smoking room/Grand Ballroom deck	Grand Ballroom
09:00–09:45	**Opening session: Pauline Hueth**, Machteld Huber, introducing a new vision on healthcare 2.0							
09:45–10:45	**Plenary session I: LIMPRINT, international achievements, chair Neil Piller** Invited speaker: Christine Moffett Invited speaker: Peter Bonnes "Turkish LIMPRINT study" Invited speaker: Peter Franks "Observational Study"							
10:45–11:15	**Coffee/tea**				**Coffee/tea**			
11.15–12:15	**Abstract session: QoL tools etc. Chair Susan Nørregaard** How are Occupational Therapists practicing in the area of chronic oedema and lymphoedema in Ireland? (Emma O'Leary & Claire Hegarty) Evaluation of the Lymphoedema Functioning Disability and Health Questionnaire for Upper Limb Lymphedema (Lymph-ICF-UL): Validity and Reliability (Tonje Ta Vinje) Does the lymphoedema-Genitourinary Cancer Questionnaire (LGUCQ) facilitate symptom disclosure from men? (Rhian Noble-Jones) The Reliability and Validity of Lymphedema Quality of Life Questionnaire-Leg (LYMQOL-Leg) in Turkish Patients with Lower Limb Lymphedema (Merve Demirli)	**Abstract session: Breast cancer lymphoedema Chair Margaret McNeeley** Local skin cooling to treat and reduce breast cancer-related lymphedema and fibrosis of the arm or breast (Jean Yee) Validity and reliability of the breast edema questionnaire (BEQ) for the assessment and follow-up of breast edema (Ivanne Ivesteen) Accuracy of a single measurement site for self-monitoring of patients with breast cancer at risk for lymphedema (Jackie Hiddleg) Lymphedema Results of Alliance 23073 (American College of Surgeons Oncology Group [ACOSOG]) Self-reported Symptoms and Limb Volume Changes for Breast Cancer Survivors Treated with Neoadjuvant Chemotherapy and Axillary Dissection (Jane Armer)	**Abstract session: National initiatives, Chair Junko Sugama** Developing a Dedicated Lymphedema Clinic: The Impact on the Population of Qatar (Emad Abdella) Perceptions of living with lymphedema in Singapore (Elizabeth Hahai Chan) Results and Tolerance of Compression therapy in a tropical environment (Arun Gupta) Lymphoedema Awareness in International Health and Development (Tamara Kolaveic)	**Abstract session: Therapy general Chair Wouter Hoeijen** **Invited speaker: Dorit Tidhar "Lymphedema, A Significant Health Problem in Israel - a community-based study "** **Invited speaker: Dorit Tidhar "The meaning of success in lymphoedema management: a qualitative and a quantitative perspective"**	**Abstract session: Service development & review Chair Robert Damstra** The Development of Lymphoedema Network Wales (Melanie Thomas) The Demographic Properties of the Patients Referring to Lymphedema Unit in a University Hospital (Pinar Bormusov) **Abstract session: Paediatric & primary** Lymphatic Anomalies in Cardio-Facio-Cutaneous Syndrome (RASopathies): Case Report of Three Paediatric Cases and a Review of the Literature (Meesi van Huijbetoni) An Evaluation of a Paediatric Lymphoedema Service – A Family Centred Approach (Elizabeth Cregan)	**Abstract session: Assessment Chair Hiromi Sanada** The incidence and detection of Pfarrier oedema (Jane Wigg) Lymphoedema: usefulness of the Echo-colour-Doppler diagnostics (Marina Cesteri) Versatility of Indocyanine Green Fluorescence Lymphography in the Outpatient Setting (Kristo Suemi) Venous congestion and lymphoedemavenous congestion and lymphoedema (Alex Mumrochi)	**Workshop: Yoga (2 hr)** Yoga exercises for upper limb (breast cancer related) lymphoedema	**Abstract session: Surgery for lymphoedema Chair Hilkan Brorson** **Invited speaker: Harry Vasstein "Surgery of advanced lymphoedema "** Causes and limits of surgery in primary and secondary lymphedema (Sandro Michelini) The impact of Lymphatic Venous Anastomosis (LVA) surgery at the British national centre (Roder Ibrahim)
12.15–13.00	**Lunch**							
13.00–14.00	**Poster session**				**Poster session**			
13.00–14.00	**Sponsored session** **Symposium (BSN)** **"Impact of seamless compression garments on limb functionality, comfort and quality of life", Dr. Anya Miller - Private Practice, Physiotherapist & Lymphologist, Hamburg, Germany** **"Making night time compression a comfortable reality", Justine Whibley - Director & Nurse Consultant Northern Lymphology Ltd, Senior Lecturer University of Central Lancashire, UK** **"JOBST® Relax as pediatric solution – case study on a 4 year old" Mirelle Laurel-Roemers – Physical Therapist, co-owner OOFG, teacher at the NPI, school for oedema physiotherapists, Netherlands**	**Sponsored session** **Symposium (3M)** **Z Sports, many possibilities** **"Using a 2 layer compression bandage as part of a lymphoedema treatment", Dr. Christian Moffett - Consultant** **Tim De Cock - Physiotherapist & Lecturer at Vrodelor School BE NL** **"How a 2 Layer Compression System can aid in self bandaging" Denise Hanby - Kendal Lymphology Centre (UK) clinical nurse specialist.** **Joyce Bosman - Oedema Therapist LOF Groningen (NL) - TBC**						**ICC**
14.00–15.00	**Abstract session: Therapy general Chair Susan Nørregaard** **Invited speaker: Dorit Tidhar "Lymphedema in heart failure patients "** ICF Core Sets for lymphedema in daily practice: a case report (Peter Viehoff) Eating to Starve Lymphedema (Chuck Dirkhi)	**Abstract session: Surgery for lymphoedema Chair Harry Koerten** **Invited speaker: Alex Munnoch "Quality of life for lymphoedema patients undergoing surgical treatment"** Choice of Lymphatic Microsurgery Procedure Guided by Pathological Transport Index on Lymphoscintigraphy (Corradino Campisi) Lymphatic Vessel Sparing Liposuction for Advanced Stages of Peripheral Lymphedema (Corrado Cesare Campisi)	**Abstract session: Assessment Chair David Keast** Imaging of lymphatic and interstitial space in lymphedema-necessity to use combined methods (Waldemar Olszewski) Near infrared Lymphofluoroscopy Imaging (NIRLFI) - Outcomes and drainage pathways from our first 60 UK patients (Jane Wigg) Early detection of secondary lymphedema after cancer treatments (Jean-Paul Belgrado)	**Abstract session: Breast cancer Chair Nicole Stout** Axillary Web Syndrome, Breast Pain, Swelling and Seroma appearing Seven Months Post Lumpectomy and Radiation (Lillian Bruche) Feasibility of conducting RCT of effectiveness of treatment for women presenting with early untreated breast cancer-related arm lymphedema (Jane Armer) Evaluation of the reliability of four measuring methods of hand's perimeter and volume - Buoyancy Forces VolGrado System, circumference measurement, figure-of-Eight Method and Manu3metria Scanner (Sophie Vanliershouve)	**Workshop: "Comprehensive approach for assessing chronic oedema"** Does oedema predict pressure ulcer development among inpatients? Analysis using medical big data in an university hospital (Yasemi Uysal, Hewen Tanaka) **Prevalence and impact of chronic oedema in Japan (invited speaker Prof. Junko Sugama)** Investigation of lower extremities with oedema and the mini-nutritional assessment among elderly people in daycare (Dr. Aya Sato) **Ultrasonography, thermography and skin blotting as a new assessment method for cellulitis with lymphedema: A case study (invited speaker: Dr. Mizuko Ito)** A possible biomarker for lymphatic injury detected by skin blotting technique: An experimental study in pressure ulcer model mice	**Abstract session: Self- management Chair Nele Devoogdt** **Invited speaker: Sue Gordon "The challenges of self-management in lymphoedema"** Towards Lymphoedema Self-Management: A Qualitative Systematic Literature Review (Tehnin Kosjanskaj) Reducing Compression Garment Waste, Harm and Variation in Lymphoedema Services in Wales (Melanie Thomas)	**Workshop: Yoga (2hr)** Yoga exercises for Lower Limb (Primary and secondary) lymphoedema	Standardization of a pressure-measuring device for optimizing lymphedema treatment with compression garments H.Bronzan Effect of subcutaneous pressure on interface pressure measurement during compression therapy Y.W.Chi Monitoring of edema treatment by electronic device H.J. Thomas Combining IPC with static compression treatment to improve patient's compliance using innovative smart materials Dr.Zelka Good Buy slippage - a new fusion to tackle bandage slippage on the foot A.Nilsson, J.Gunnn A new sub bandage measuring device S.Kravitz
15.00–15.30	**Coffee/tea**				**Coffee/tea**			
15.30–17.00	**Plenary session II: Children Chair Robert Damstra** Invited speaker: Kristiana Gordon "Primary lymphoedema" Invited speaker: Isabelle Quéré "Cellulitis in children with lymphoedema" Invited speaker: Aimee Auberlack "A mixed method study to explore the perceptions of self management in children ,adolescents ,parents and professionals. An ILF research initiative"							**ICC** **Working groups** International Compression School: A new ICC initiative G. Mosti, H. Partsch How to measure the pressure J.Schuren ICC- M.Klossek
17.00								

Friday

	Theatre/Plenary room	La Fontaine	Odyssee	Trinidad	Sun room	Sky room	Smoking room/Grand Ballroom deck	Grand Ballroom
09:00–09:30	**Plenary session III: Obesity in Lymphoedema Chair Vaughan Keeley** Invited speaker: Tobias Bertsch "Obesity related lymphedema - underestimated and unpopular" Invited speaker: Babak Mehrara "Obesity, inflammation and lymphatic dysfunction"							
10:30–11:00	**Coffee/ tea**				**Coffee/tea**			
11.00–12.15	**Abstract session: Cancer related lymphoedema Chair Babak Mehrara** **Invited speaker: Nicole Stout "Oncology rehabilitation and secondary lymphoedema: the prospective surveillance model"** The prevalence, incidence and quality of life impact of lymphoedema after treatment for vulvar or vaginal cancer (Elise Lane) Distress and self compassion among women with cancer-related lymphedema in Australia (Mekira van Zanten) The incidence and effects of lower limb lymphedema in women treated for gynaecological cancer in South Africa (Lize Manes) Assessment of armlymphedema using tissue dielectric constant (TDC) technique in patients previously treated for breast cancer without pre-surgery measurements (Tzipori Lehtiner)	**Abstract session: Surgery for lymphoedema Chair Alex Munnoch** **Invited speaker: Hilkan Brorson "Liposuction in lymphedema patients – a 25 years' prospective study without recurrence"** Microsurgical procedures for unresponsive groin lymphocele associated to leg lymphedema (Sara Devauna) Super-microsurgical lymphaticovenous anastomosis (LVA) for gluteal lymphedema secondary to hip replacement (Guido Giacalone) Lymphedema of lower limbs can be successfully controlled by implanted silicone bypass tubings (Waldemar Olszewski)	**Abstract session: Therapy general Chair Sue Gordon** **Invited speaker: Margareth McNeeley "The role of exercise in the management of lymphoedema"** Randomized study to compare efficacy of short-stretch bandage systems from Kobe to fully-used Kobin-Crepe bandages in the treatment of lower limb lymphoedema (Hun Gogia) Hydrochemistry of edema fluid under elastic material compression (Marzenna Zaleska) The effect of compression with a non-elastic compression device in patients undergoing a total knee arthroplasty, compared with usual care. A pilot study with 36 participants (Ad Heinrichs)	**Abstract session: Lipoedema Chair Wilfried Schmelter** **Invited speaker: Dorit Tidhar "Aqua lymphatic therapy in the management of lymphedema and lipoedema"** Quality of life in relation to physical activity in patients with lipoedema (preliminary results) (José van Esch-Smeenge) Lipoedema and metabolic disease (Sandro Michelini) Review Lipoedema guidelines (Ellen Kuijper 4uqs)	**Abstract session: Framework initiatives & Education Chair Margaret Sneddon** On the Ground Education Project results and recommendations (Karen Morgan) Arterecare Lymphedema Framework Project (ALFP) Open-space Stakeholder Meetings: Aiming to Shape the Future of Lymphedema Care in the United States and the World (Jane Armer) Creation of an ELearning Lymphoedema Module (Karen Morgan) Passion,when are the reasons health care professionals loose their passion and how to find it (Jane Wigg) Development of the Chronic Oedema "Anti-Lag" Pathway and educational Film to support implementation (Karen Morgan)	**Abstract session: Self-management Chair Kristiana Gordon** **Invited speaker: Nicole Stout "Guidelines for self-management of lymphedema"** Using Technology To Improve Lymphoedema Self Care (Melanie Thomas) Evaluating the Tripodia Movement System within a lymphoedema self-management programme: a third sector service development initiative (Anne Williams) Keys to enhance patients adherence to compression therapy. (Joseph Herfouche) A perspective on addressing patient-reported barriers to lymphedema self-bandaging by utilizing the therapeutics of communication (Naomi Dobbin)		**ICC** Epidemiology of chronic edema C. Moffatt Edema is more than excess of fluid W. Olszewski Every kind of edema is lymphedema V.Keeley Contraindication and special precaution for compression in chronic edema E.Rabe Compression materials in chronic edema F. Schingale Self management in lymphedema R. Damstra
12.15–13.00	**Lunch**							
13.00–14.00	**Poster session**				**Poster session**			
13.00–14.00	**Sponsored session** **Symposium (Bauerfeind) Treatment of patients with lymphedema , Speakers:** **Christine Moffett: "Concordance in compression therapy" ;** **Misbah Ahmad: "Extreme lymphedema of lower extremities"**							
14.00–15.00	**Abstract session: Assessment Chair Marina Cesteri** **Invited speaker: Nele Devoogdt "Clinical diagnosis of lymphoedema (Lymphofluorescopy)"** Effectiveness of IPC can be shown on NIRF ICG lymphography (Cheryl Rockson) Exploring 3D Scanning Technology in Lymphoedema for Accurate and Fast Measurements of Volume and Shape (Cheryl Rice) Analysis of unilateral upper limb lymphoedema using a 3D camera (Kessal van Loon)	**Abstract session: Therapy general Chair Jean Paul Belgrado** Patient Experience of Lymphoedema Care (David Keast) Development of Lymphoedema MDT and Complex Clinics (Cheryl Rockson) Prevalence of local oedema surrounding diabetic foot ulcers (Amelia Bastos) A new device to improve skin tissue oxygenation: the next generation of portable rehabilitation tools? (Justine Whitaker)	**Abstract session: Surgery Chair Hiroo Suami** Advanced postmastectomy lymphedema is successfully treated ub silicone tubing arm-pit bypasses (Waldemar Olszewski) SPECT/CT lymphatic radiography for lymphatic venous anastomoses in lymphedema (Hiroo Suami, Peter Taylor) Debulking surgery for lymphedema - 12 years experience with liposuction (Alex Munnoch) Treatment of recurrent lymphocele and severe lymphorrhea after oncologic surgery (Guido Giacalone)	**Abstract session: Therapy general Chair Sandro Michelini** **Invited speaker: Margareth McNeeley "Nighttime compression"** Impact of 12 weeks of Intermittent Pneumatic Compression (IPC) on the quality of life of patients with lower limb lymphoedema (Neil Piller) LiteScroll+ tissue massaging device - tissue events directly observed during massage (Marieanne Dinkla)	**Abstract session: Lipoedema Chair Susan Nørregaard** Comparison of Dielectric Values of Patients with Lipedema and Those with Lower Limb Lymphedema (Alper Tuğrul) A health profile in patients with lipedema (José van Esch-Smeenge) Does tumescent liposuction diminish the lymphatic function in the legs of lipoedema patients? (Robert Bezoen) **Abstract session: Prevalence** Filariasis Incidence Estimation based on a Household survey for long term effects in an Endemic Area in India (Arun Gogia)	**Workshops** Dorit Tidhar "The meaning of success in lymphoedema management: qualitative study and a systemtic review on quantitative outcome" Irene Zonderland & Ad Hendriks "Applicability and added value of the concept op Positive Health in patients with complex lymphedema"		**ICC** What compression pressure to treat edema G.Mosti Importance of stiffness for edema reduction M.Neumann Compression pressure effect on lymphatics I.P.Belgrado Optimal intermittent pneumatic compression in lymphedema M. Dilevko Compression in chronic oedema- Orthopedic aspects or venous ulcers- D.Szendrei Prophylactic compression after breast cancer surgery K. Ochalek Comparison of handling, pressure and wearing comfort of different compression devices for decongestion therapy K.Preis Treatment protocol on stasis edema in poorly mobile nursing home residents R.Damstra Which compression for mild to moderate C3 patients ? D. Reuter Compression to reduce edema in a patient with arterial occlusive disease C.Sachse
15.00–15.30	**Coffee/ tea**				**Coffee/tea**			
15.30–17.00	**Plenary session IV: Lipoedema Chair Neil Piller** Invited speaker: Tobias Bertsch "Lipoedema facts and fiction" Invited speaker: Stanley Rockson "The role of inflammation in lipoedema" Invited speaker: Wilfried Schmelter "Liposuction in the management of lipoedema"							
17.00								

Saturday

08.00–09:00	**MEDI RUN**							
		Patient day			**Children day**			
	Theatre/Plenary room	**La Fontaine**	**Odyssee**	**Trinidad**	**Sun room**	**Sky room**	**Children Outcomes meeting**	**Grand ballroom**
09.30–11:00	**Plenary session V: Novel treatment Chair Margaret Sneddon** Opening of Patient Day with Lymph-kids and paralympic athlete Paralympic athlete motivational speech (Marc vander Kuilen) - how to get from drama to dream. Plea for better understanding and interaction between patient and professional (Jannie Oskam NL) Invited speaker: Stanley Rockson "Novel treatments for lymphedema: dream and control or effects"				**Childrens & parents day (Journey through the lymphatic system)** Journey through the lymphatic system game'	**Childrens & parents day (Journey through the lymphatic system)** Plenary opening by Dick Griffioen Edema and moving (mosa) vd Meer & Inge Kjlindewijks		
11.00–11.30	**Coffee/tea and Fashion show**							
11.30–12.45	**Abstract session: Therapy general Chair Dorit Tidhar** **Invited speaker: Nele Devoogdt "The role of manual lymph drainage (MLD) in the prevention and treatment of lymphoedema: the research evidence"** Fitting on the pressure - Prosect! (Janet Masoua) Effect of decongestive lymphatic therapy on dermal backflow pattern visualized by lymphofluorescopy (Sarah Thomis) Treatment algorithm for management of lymphedema (Kenley Schmidt)	**Lymphoedema** Using technology to improve lymphoedema self care (Melanie Thomas, UK) How to live a self managing life with lymphoedema? (Sarah Hoverna, FR) Living with lymphoedema based on the new definition of health (Stef Slevujnck, NL)	**Lipoedema** Liposuction in lipoedema (Kerry Vranden, NL) Results of lipoedema survey Lipoedema UK (Gracie Fenzer, UK) Review lipoedema guidelines (Ellen Kuijper, NL)	**Abstract session: Breast cancer lymphoedema Chair Wouter Hoeijen** A Prospective Study on the impact of ipsilateral Intravenous Chemotherapy Infusions on the Risk of Breast Cancer-Related Lymphedema: Implications for Current Guidelines (Mahesar S) Compression treatment for arm lymphoedema following breast cancer treatment, RCT study. Preliminary results (Karin Johansson) Fmprisarization sense in lymphedema affected upper limb (Sandro Michelini) Effect of Nordic Walking on the upper limb volume in normal and BCRL women (Jean-Paul Belgrado) Range of Motion (ROM) Outcomes among Women Receiving a Lymphedema prevention Intervention Following Axillary Node Dissection for Breast Cancer Treatment: (Alliance) CALGB 70305 (Alok Ashar)	Moving with edema is performing top sport with Jobe Griffioen. (Dutch) Small games for children with Jolande Kickboxing with edema: kickboxer Alex van Suffelen will perform a practical workshop about moving with edema (kickboxing set to your style and abilities) (Dutch)	Art around edema: workshop "Make a Compression Artwork!" artist Rob Van den Broek. (Dutch) Art around edema: workshop dress yourself and/or jump your (old) stocking: artist Rob Van den Broek. (Dutch)		**Abstract session: Breast cancer lymphoedema Chair Tobias Bertsch** The Efficacy of Phase-1 Complete Decongestive Therapy in a Combined Manner in Breast Cancer-related Lymphedema Patients: Relationship with Functional Status and Quality of Life (Ilhan Assessing the presence of breast lymphoedema following breast cancer treatment: Preliminary results (Katie Riches) The Association of Upper Extremity Symptoms and Breast Cancer-Related Lymphedema (BCRL): A Longitudinal Analysis of Subjective and Objective Data. (Cheryl Brunelle)
12.45–13.30	**Lunch and Fashion show**							
		Patient day						
13.30–15.00	**Plenary session VI: Cellulitis Chair** Invited speaker: Vaughan Keeley "Guidelines for managing cellulitis and research priorities" Invited speaker: Robert Damstra "Compression in cellulitis" Invited speaker: MG Agglthaya "Cellulitis in lymphatic Filariasis"	**Primary lymphoedema** An evaluation of a paediatric lymphoedema service – a family centred approach (Elizabeth Coumey) How to take care of patients with paediatric lymphoedema (Johanna Vahlkamp) Implementation of right compression in the management of lymphoedema – Nursing Endeavour (Ine Jacobs) Parents story having a child with primary lymphoedema (Lisanne Stone en Joost Mulders, NL)	**Secondary lymphoedema** Distress and self compassion among women with cancer-related lymphedema in Australia (Mekira van Zanten, AU) The prevalence, incidence and QoL impact of lymphoedema after treatment for vulvar or vaginal cancer (Elise Lane, AU) Compression therapy (Joyce Bostran, NL) What do women want and practitioners expect from lymphoedema treatment? (Eunice Jaffe, UK)	**Lipoedema** Beyond Lipoedema: Living Your Best Life with the Disease They Call FAT (Catherine Sas, Jaclyn Keith, Joanne Dudek) Quality of life in relation to physical activity in patients with lipoedema (preliminary results) (José van Esch-Smeenge, NL) Lipoedema Workout (launch of the movie) (Barbara Boots and Manuel Suarmono, NL)	Workshop "Roll me anything!" for children without their parents, kids going wild, guided by Tia Fetsch (parent-coach), Carla Kemeny (skin therapist) and Mirelle Lauret (edema physical therapist). (Dutch)	Travel through the lymphatic system: workshop choices on board. (Dynamic)	
15.00–15.30	**Coffee/tea**							
15.30–16.00	**Plenary session VII: Future projects & Outcome measures**			**Pain & the Brain, Barriers for self-management (Annemarieke Fleming, NL)**		Finishing up the 'Journey through the lymphatic system game' by counting all points, receive their certificate and their goodie bag.		
16.00–16.30	Invited speaker: Christine Moffett "Update on ILF Outcomes project" Invited speaker: Isabelle Quéré "ILF Childrens project"					Small talks, checking/finishing makeup for the catwalk.		
16.30–17.00	**ILF & NLNet closure, announcement of ILF 2019**			**Closure off Patient Day with catwalk Lymph-kids**		Gathering with your piece of art, pimped stocking, colored Spotlighted fan-in with « Walk for the Catwalk » Plenary ending of the patient day with short catwalk where the children show their projects of the day		