

Wednesday

16.00 - 17.00	Registration
17.30 - 19.00	Welcome reception at City Hall

Thursday

Theatre/plenary room	Odyssee	La Fontaine	Trinidad	Sun room	Sky room	Grand Ballroom
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09.00 - 09.45	Opening session: Positive health , Machteld Huber, introducing a new vision on healthcare 2.0					
09.45 - 10.45	Plenary session I: LIMPRINT, international achievements Invited speaker: Christine Moffatt Invited speaker: Vaughan Keeley Invited speaker: Pinar Borman "Turkish LIMPRINT study"					

10.45 - 11.15	Coffee/tea			Coffee/tea		
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11.15 - 12.15	Abstract session: QoI tools etc. How are Occupational Therapists practicing in the area of chronic oedema and lymphoedema in Ireland? (Emma O'Leary) Revision of the Lymphedema Functioning, Disability and Health Questionnaire for Upper Limb Lymphedema (Lymph-ICF-UL): Validity and Reliability (Tessa De Vrieze) Does the Lymphoedema Genitourinary Cancer Questionnaire (LGUCQ) facilitate symptom disclosure for men? (Rhian Noble-Jones) The Reliability and Validity of Lymphedema Quality of Life Questionnaire-Leg (LYMQOL-Leg) in Turkish Patients with Lower Limb Lymphedema (Merve Denizli)	Abstract session: Breast cancer lymphoedema Local skin cooling to treat and reduce breast cancer-related lymphedema and fibrosis of the arm or breast (Jean Yzer) Validity and reliability of the breast edema questionnaire (BrEQ) for the assessment and follow-up of breast edema (Hanne Verbelen) Accuracy of a single measurement site for self-monitoring of patients with breast cancer at risk for lymphedema (Janine Hidding) Lymphedema Results of Alliance Z1071 (American College of Surgeons Oncology Group [ACOSOG]): Self-reported Symptoms and Limb Volume Changes for Breast Cancer Survivors Treated with Neoadjuvant Chemotherapy and Axillary Dissection (Jane Armer)	Abstract session: National initiatives Developing a Dedicated Lymphedema Clinic: The Impact on the Population of Qatar (Emad Abdalla) Perceptions of living with lymphoedema in Singapore (Elizabeth Jiahui Chan) Results and Tolerance of Compression therapy in a tropical environment (Arun Gogia) Lymphoedema Awareness in International Health and Development (Tamara Kosevic)	Abstract session: Therapy general Invited speaker: Margareth McNeeley "Nighttime compression" Patient Experience of Lymphoedema Care (David Keast) Development of Lymphoedema MDT and Complex Clinics (Cheryl Pike)	Abstract session: Service development & review The Development of Lymphoedema Network Wales (Melanie Thomas) The Demographic Properties of the Patients Referring to Lymphedema Unit in a University Hospital (Pinar Borman) Abstract session: Paediatric & primary Lymphatic Anomalies in Cardio-Facio-Cutaneous Syndrome (KRAS mutations): Case Report of Three Paediatric Cases and a Review of the Literature (Manon van Huijkelom) An Evaluation of a Paediatric Lymphoedema Service -- A Family Centred Approach (Elizabeth Coveney)	Abstract session: Assessment The incidence and detection of Planter oedema (Jane Wigg) Lymphoedema: usefulness of the Echo-colour-Doppler diagnostics (Marina Cestari) Versatility of Indocyanine Green Fluorescence Lymphography in the Outpatient Setting (Hiroo Suami) Venous congestion and lymphoedema/venous congestion and lymphoedema (Alex Munnoch)	Abstract session: Surgery for lymphoedema Invited speaker: Harry Voesten "The surgical management of lymphoedema: the Dutch experience" Values and limits of surgery in primary and secondary lymphedema (Sandro Michelini) The impact of Lymphatic Venous Anastomosis (LVA) surgery at the Welsh national centre (Nader Ibrahim)
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12.15 - 13.00	Lunch					
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13.00 - 14.00	Poster session			Poster session		
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13.00 - 14.00	Sponsored session Symposium (BSN) "Impact of seamless compression garments on limb functionality, comfort and quality of life", Dr. Anya Miller - Private Practice, Berlin, President German Society of Lymphology (DGL), Germany "Making night-time compression a comfortable reality" Justine Whitaker - Director & Nurse Consultant Northern Lymphology Ltd, Senior Lecturer University of Central Lancashire, UK "JOBST® Relax as pediatric solution – case study on a 4 year old" Mireille Laurent-Roemers – Physical Therapist, co-owner OOFU, teacher at the NPI, school for oedema physiotherapists, Netherlands	Sponsored session Symposium (3M) 2 layers, many possibilities "Using a 2 layer compression bandage as part of a lymphedema care pathway by Vodder – BENEVOOLUTION" Tim De Cock - Physiotherapist & Lecture at Vodder School BE NL "How a 2 Layer Compression System can aid in self bandaging" Denise Hardy - Kendal Lymphology Centre (UK) clinical nurse specialist. Joyce Bosman - Oedema Therapist LOF Groningen (NL) - TBC				ICC	
14.00 - 15.00	Abstract session: Therapy general Invited speaker: Dorit Tidhar "Treating people with lymphoedema that have congestive heart failure - what are we afraid of?" ICF Core Sets for lymphedema in daily practice: a case report (Peter Viehoff) Eating to Starve Lymphedema (Chuck Ehrlich)	Abstract session: Surgery for lymphoedema Invited speaker: Alex Munnoch "Quality of life after the surgical management of lymphoedema" Choice of Lymphatic Microsurgery Procedure Guided by Pathological Transport Index on Lymphoscintigraphy (Corradino Campisi) Lymphatic Vessel Sparing Liposuction for Advanced Stages of Peripheral Lymphedema (Corrado Cesare Campisi)	Abstract session: Assessment Imaging of lymphatic and interstitial space in lymphedema- necessity to use combined methods (Waldemar Olszewski) Near Infrared Lymphofluorescopy Imaging (NIRLFI) ; Outcomes and drainage pathways from our first 60 UK patients (Jane Wigg) Early detection of secondary lymphedema after cancer treatments (Jean-Paul Belgrado)	Abstract session: Breast cancer Axillary Web Syndrome, Breast Pain, Swelling and Seroma appearing Seven Months Post Lumpectomy and Radiation (Jillian Bracha) Feasibility of conducting RCT of effectiveness of treatment for women presenting with early untreated breast cancer-related arm lymphoedema (Eunice Jeffs) Evaluation of the reliability of four measuring methods of hand's perimeter and volume : Buoyancy Forces ValGrado System, circumference measurement, Figure-of-Eight Method and Manu3metrix Scanner (Sophie Vankerckhove) What do women want and practitioners expect from lymphoedema treatment? Views of lymphoedema practitioners and women with breast cancer-related arm lymphoedema (Eunice Jeffs)	Workshop: "Comprehensive approach for assessing chronic oedema" Does oedema predict pressure ulcer development among inpatients? Analysis using medical big-data in an university hospital in Japan (Prof. Hiromi Sanada) Prevalence and impact of chronic oedema in Japan (Invited speaker Prof. Junko Sugama) How do we assess oedema by pitting test? (Dr. Aya Sato) Ultrasonography, thermography and skin blotting as a new assessment method for cellulitis with lymphoedema: A case study (Invited speaker: Dr. Misako Dai) Biomarker for identifying lymphatic injury using skin blotting technology (Dr. Gojiro Nakagami) A possible biomarker for lymphatic injury detected by skin blotting technique: An experimental study in pressure ulcer model mice (Gojiro Nakagami)	Abstract session: Self-management Invited speaker: Sue Gordon "The challenges of self-management in lymphoedema" Towards Lymphoedema Self-Management: A Qualitative Systematic Literature Review (Teksin Kopanoglu) Reducing Compression Garment Waste, Harm and Variation in Lymphoedema Services in Wales (Melanie Thomas)	Standardization of a pressure-measuring device for optimizing lymphedema treatment with compression garments H.Brorsen Effect of subcutaneous pressure on interface pressure measurement during compression therapy Y.W.Chi Monitoring of edema treatment by electronic device H.J.Thomae Combining IPC with static compression treatment to improve patient's compliance using innovative smart materials O.Zelka Good buy slippage - a new fusion to tackle bandage slippage on the foot A.Nilsson, J.Damm A new sub bandage measuring device S.Kravitz

15.00 - 15.30	Coffee/tea			Coffee/tea		
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15.30 - 17.00	Plenary session II: Cellulitis, Inflammation, Infection Invited speaker: Vaughan Keeley "Guidelines for managing cellulitis and research priorities" Invited speaker: Robert Damstra "Compression in cellulitis" Invited speaker: Saravu Narohari "Cellulitis in Filariasis"					
17.00	ICC Working groups International Compression School: A new ICC initiative G. Mosti, H. Partsch How to measure the pressure: J.Schuren IPC: M.Klöppels					

Friday

Theatre/Plenary room	La Fontaine	Odyssee	Trinidad	Sun room	Sky room	Grand Ballroom
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09.00 - 10.30	Plenary session III: Obesity in Lymphoedema Invited speaker: Tobias Bertsch "Lymphoedema in obesity: Clinical management and outcomes" Invited speaker: Babak Mehrara "Obesity, inflammation and lymphatic dysfunction"					
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10.30 - 11.00	Coffee/ tea			Coffee/tea		
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11.00 - 12.15	Abstract session: Breast cancer lymphoedema A Prospective Study on the Impact of Ipsilateral Intravenous Chemotherapy Infusions on the Risk of Breast Cancer-Related Lymphedema: Implications for Current Guidelines (Alphonse G. Taghian) Compression treatment for arm lymphoedema following breast cancer treatment, RCT study. Preliminary results (Karin Johansson) Proprioception sense in lymphedema affected upper limb (Sandro Michelini) Assessment of arm lymphedema using tissue dielectric constant (TDC) technique in patients previously treated for breast cancer without pre-surgery measurements (Tapani Lahtinen) Range of Motion (ROM) Outcomes among Women Receiving a Lymphedema-prevention Intervention Following Axillary Node Dissection for Breast Cancer Treatment: (Alliance) CALGB 70305 (Jane Armer)	Abstract session: Surgery for lymphoedema Invited speaker: Håkan Brorson "Liposuction in lymphedema patients – a 25 years' prospective study without recurrence" Microsurgical procedures for unresponsive groin lymphocele associated to leg lymphedema (Sara Dessalvi) Super-microsurgical lymphaticovenous anastomosis (LVA) for gluteal lymphedema secondary to hip replacement (Guido Giacalone) Lymphedema of lower limbs can be successfully controlled by implanted silicone bypass tubings (Waldemar Olszewski)	Abstract session: Therapy general Invited speaker: Margareth McNealey "The role of exercise in the management of lymphoedema" Randomized study to compare efficacy of short stretch bandage systems from KOB with locally used Cotton Crepe Bandages in the treatment of lower limb lymphoedema (Arun Gogia) Hydromechanics of edema fluid under elastic material compression (Marzanna Zaleska) The effect of compression with a non-elastic compression device in patients undergoing a total knee arthroplasty, compared with usual care. A pilot study with 39 participants (Ad Hendrickx)	Abstract session: Lipoedema Invited speaker: Dorit Tidhar "Aqua lymphatic therapy exercises in the management of lipoedema" Quality of life in relation to physical activity in patients with lipoedema (preliminary results) (José van Esch-Smeenge) Upper Extremity Lipoedema (Type IV) in a Male Patient: A Case Report of a Rare Condition (Alper Tuğral) Lipoedema and metabolic disease (Sandro Michelini) Review Lipoedema guidelines (Ellen Kuijper-Kuip)	Abstract session: Framework initiatives & Education On the Ground Education Project results and recommendations (Karen Morgan) American Lymphedema Framework Project (ALFP) Open-space Stakeholder Meetings: Aiming to Shape the Future of Lymphedema Care in the United States and the World (Jane Armer) Creation of an ELearning Lymphoedema Module (Karen Morgan) How Lymphedema Compression Bandages, Garments, Devices and Supplies Should be Covered by Medicare as Prosthetic Device Benefits (Robert Weiss) Development of the Chronic Oedema "Wet Leg" Pathway and educational film to support implementation (Karen Morgan) Passion: what are the reasons health care professionals loose their passion and how to find it (Jane Wigg)	Abstract session: Self-management Invited speaker: Nicole Stout "Guidelines for self-management of lymphedema" Using Technology To Improve Lymphoedema Self Care (Melanie Thomas) Evaluating the Tripudio Movement System within a lymphoedema self-management programme: a third sector service development initiative (Anne Williams) Keys to enhance patients adherence to compression therapy (Joseph Harfouche) A perspective on addressing patient-reported barriers to lymphedema self-bandaging by utilizing the therapeutics of communication (Naomi Dolgov)	ICC Epidemiology of chronic edema C. Moffatt Edema is more than excess of fluid W. Olzewski Every kind of edema is lymphedema V. Keeley Contraindication and special precaution for compression in chronic edema E. Rabe Compression materials in chronic edema F. Schingale Self management in lymphedema R. Damstra
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Lunch

12.15 - 13.00	Poster session						13.00 - 14.00
13.00 - 14.00	Sponsored session Symposium (MEDI) <i>Compression under pressure</i> Abstract session: Assessment Invited speaker: Nele Devoogdt "Clinical diagnosis of lymphoedema (Lymphofluoroscopy)" Effectiveness of IPC can be shown on NIRF-ICG lymphography (Marzanna Zaleska) Exploiting 3D Scanning Technology in Lymphoedema for Accurate and Fast Measurements of Volume and Shape (Cheryl Pike) Analysis of unilateral upper limb lymphoedema using a 3D camera (Raoul van Loon)	Sponsored session Symposium (Bauerfeind) <i>Treatment of patients with lymphedema</i> , Speakers: Christine Moffatt: "Concordance in compression therapy"; Misbah Ahmed: "Extreme lymphedema of lower extremities" Abstract session: Therapy general Invited speaker: Dorit Tidhar "An algorithm for a Lymphedema" Prevalence of local oedema surrounding diabetic foot ulcers (Mireille Boink) A new device to improve skin tissue oxygenation: the next generation of portable rehabilitation tools? (Justine Whitaker)	Abstract session: Surgery Advanced postmastectomy lymphedema is successfully treated with silicone tubing arm pit bypasses (Waldemar Olszewski) SPECT/CT lymphoscintigraphy for lymphatic venous anastomosis in peripheral lymphedema (Jiro Maegawa) Debulking surgery for lymphedema - 13 years experience with liposuction (Alex Munnoch) Treatment of recurrent lymphocele and severe lymphorrhea after oncologic surgery (Guido Giacalone)	Abstract session: Therapy general Invited speaker: Dorit Tidhar "Lymphedema, A Significant Health Problem in Israel - a community-based study" Impact of 12 weeks of Intermittent Pneumatic Compression (IPC) on the quality of life of patients with lower limb lymphoedema (Neil Pillier) Linforoil- tissue massaging device - tissue events directly observed during massage (Waldemar Olszewski)	Abstract session: Lipoedema Comparison of Dielectric Values of Patients with Lipoedema and Those with Lower Limb Lymphedema (Alper Tuğral) A health profile in patients with lipoedema (José van Esch-Smeenge) Does tumescent liposuction diminish the lymphatic function in the legs of lipoedema patients? (Robert Boonen) Abstract session: Prevalence Filariasis Incidence Estimation based on a Household survey for long term effects in an Endemic Area in India (Arun Gogia)	Workshops Dorit Tidhar "The meaning of success in lymphoedema management: qualitative study and a systematic review on quantitative outcome" Irene Zonderland & Ad Hendrickx "Applicability and added value of the concept on Positive Health in patients with complex lymphedema"	ICC What compression pressure to treat edema G. Mosti Importance of stiffness for edema reduction M. Neumann Compression pressure effect on lymphatics J.P. Belgrado Optimal intermittent pneumatic compression in lymphedema M. Zaleska

Coffee/ tea

15.00 - 15.30	Plenary session IV: Lipoedema Invited speaker: Tobias Bertsch "Lipoedema facts and fiction" Invited speaker: Stanley Rockson "The role of inflammation in lipoedema" Invited speaker: Wilfried Schmeiler "Liposuction for lipoedema"	Compression in chronic oedema-Orthopedic aspects or venous system. Th. Stumplner Prophylactic compression after breast cancer surgery K. Ochalek Comparison of handling, pressure and wearing comfort of different compression devices for decongestion therapy K. Protz Treatment protocol on stasis edema in poorly mobile nursing home patients JP. Benign Which compression for mild to moderate C3 patients? D. Rastel Compression to reduce edema in a patient with arterial occlusive disease C. Sanchez
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Saturday

08:00 - 09:00	MEDI RUN						
09:00 - 11:00	Theatre/Plenary room Plenary session V: Outcome measures Invited speaker: Stanley Rockson "Novel treatments for lymphoedema: drugs and surgical scaffolds" Invited speaker: Christine Moffatt "Update on ILF Outcomes project" Invited speaker: Isabelle Quèrè "ILF Childrens project"	Patient day La Fontaine Opening of Patient Day with Lymph-kids and paralympic athlete. Paralympic athlete motivational speech: don't let a victory get to your head or a failure get to your heart. Jannie Oskam, NL; plea for better understanding and interaction between patients and professionals Odyssee Trinidad	Children day Sun room Childrens & parents day (Journey through the lymphatic system) 'Journey through the lymphatic system-game' Sky room Childrens & parents day (Journey through the lymphatic system) Plenary opening by Jiske Griffioen Edema and moving (Anouk vd Meer & Inge Kijkindevegte)	Grand ballroom			
11:00 - 11:30	Coffee/tea and Fashion show						
11:30 - 12:45	Abstract session: Therapy general Invited speaker: Nele Devoogdt "The role of manual lymph drainage (MLD) in the prevention and treatment of lymphoedema: the research evidence" Piling on the pressure - Proven! (Janet Massey) Effect of decongestive lymphatic therapy on dermal backflow pattern visualised by lymphofluoroscopy (Sarah Thomis) Treatment algorithm for management of lymphedema (Kenley Schmidt)	Lymphoedema Pain & the Brain, Barriers for self-management (Annemarië Fleming, NL) Using technology to improve lymphoedema self care (Melanie Thomas, UK) Living with lymphoedema based on the new definition of health (Stef Slavujevic, NL) How to live a self managing life with lymphoedema? (Sarah Jouanny, FR)	Lipoedema Lipoedema research; first results Results of lipoedema survey Lipoedema UK (Sharie Fetzer, UK) Review lipoedema guidelines (Ellen Kuiper, NL) Quality of life in relation to physical activity in patients with lipoedema (preliminary results) (Jose van Esch-Smeenge, NL)	Abstract session: Cancer related lymphoedema Invited speaker: Nicole Stout "Oncology rehabilitation and secondary lymphoedema: the prospective surveillance mode" The prevalence, incidence and quality of life impact of lymphoedema after treatment for vulvar or vaginal cancer (Elise Gane) Distress and self compassion among women with cancer-related lymphoedema in Australia (Malou van Zanten) The incidence and effects of lower limb lymphedema in women treated for gynaecological cancer in South Africa (Lize Maree) Effect of Nordic Walking on the upper limb volume in normal and BCRL women (Véronique Fuchs)	Moving with edema is performing top sport with Jiske Griffioen. (Sunroom) Small games for children with Jolanda Kickboxing with edema: kickboxer Alex van Suffelen will perform a practical workshop about moving with edema (kickboxing set to your goals and abilities). (Sunroom)	Art around edema: workshop 'Make a Compression-Artwork': artist Rob Van den Broek. (Skyroom) Art around edema: workshop dress yourself and/or pimp your (old) stocking: artist Rob Van den Broek. (Skyroom)	Abstract session: Breast cancer lymphoedema Is complex decongestive therapy safe for median nerve at the level of carpal tunnel in breast cancer-related lymphedema? (F. Figen Ayhan) Assessing the presence of breast lymphoedema following breast cancer treatment: Preliminary results (Katie Riches) The Association of Upper Extremity Symptoms and Breast Cancer-Related Lymphedema (BCRL): A Longitudinal Analysis of Subjective and Objective Data (Cheryl Brunelle) Is there any compression of radial, median, and ulnar nerves at the level of elbow in patients with breast cancer-related lymphedema under compression therapy? (F. Figen Ayhan) The Efficacy of Phase-1 Complete Decongestive Therapy in a Combined Manner in Breast Cancer-related Lymphedema Patients: Relationship with Functional Status and Quality of Life (Pinar Borman)
12:45 - 13:30	Lunch and Fashion show						
	Patient day						
	Primary lymphoedema	Secondary lymphoedema	Lipoedema				

13.30 - 15.00	Plenary session VI: Children Invited speaker: Sahar Mansour "Genetic aspects of childhood lymphoedema" Invited speaker: Khristiana Gordan "Primary lymphoedema: a diagnostic algorithm" Invited speaker: Aimee Auberluck "A mixed method study to explore the perceptions of self management in children ,adolescents parents and professionals. An ILF research initiative"	An evaluation of a paediatric lymphoedema service - a family centred approach (Elizabeth Coveney) Implementation of night compression in the management of lymphoedema in daily practice (Andrea Brennan, US) Parents story having a child with primary lymphoedema (Lisanne Stone en Joost Mulders, NL)	Distress and self compassion among women with cancer-related lymphoedema in Australia (Maiou van Zaniten, AU) The prevalence, incidence and QoL impact of lymphoedema after treatment for vulvar or vaginal cancer (Elise Gane, AU) What do women want and practitioners expect from lymphoedema treatment? (Eunice Jeffs, UK)	Pain & the Brain, Barriers for self-management (Annemarieke Fleming, NL) Lipoedema Workout (launch of the movie) (Barbara Boots and Margot Suelmann, NL)	Workshop: 'Ask me anything': for children without their parents, easy going panel, guided by Yoi Kuiser (parent-coach), Carla Rienstra (skin therapist) and Mireille Lauret (edema physical therapist). (Sunroom)	Travel through the lymphatic system: workshop-choices on board. (Skyroom)
15.00 - 15.30	Coffee/tea		Coffee/tea			
15.30 - 16.30	Closure ILF & NLNet closure, announcement of ILF 2019	Care in the future Panel: meet the professional Closure of Patient Day with catwalk Lymph-kids			Finishing up the 'journey through the lymphatic system-game' by counting all points, receive their certificate and their goodie bag. Small talks, checking/finishing makeup for the catwalk. Gathering with your piece of art, pimped stocking, colored-bandaged leg or arm – ready for the 'catwalk' Plenary ending of the patient day with short catwalk where the children show their projects of the day	
16.30						