## Wednesday

**16.00 - 17.00** Registration

**17.30 - 19.00** Welcome reception at City Hall

## Thursday

Rooms: Theatre/plenary room | Odyssee | La Fontaine | Trinidad | Sun room | Sky room | Smoking room/Grand Ballroom deck | Grand Ballroom

**09:00 - 09.45** **Opening session: Positive health**, Machteld Huber, introducing a new vision on healthcare 2.0

**09.45 - 10.45** **Plenary session I: LIMPRINT, international achievements, chair Neil Piller**
- Invited speaker: Christine Moffatt
- Invited speaker: Pinar Borman "Turkish LIMPRINT study"
- Invited speaker: Peter Franks "Observational Study"

**10.45 - 11.15** Coffee/tea

**11.15 - 12:15**

**Theatre/plenary room – Abstract session: Qol tools etc. Chair Aimee Auberluck**
- How are Occupational Therapists practicing in the area of chronic oedema and lymphoedema in Ireland? (Emma O'Leary & Claire O'Sullivan)
- Revision of the Lymphedema Functioning, Disability and Health Questionnaire for Upper Limb Lymphedema (Lymph-ICF-UL): Validity and Reliability (Tessa De Vrieze)
- Does the Lymphoedema Genitourinary Cancer Questionnaire (LGUCQ) facilitate symptom disclosure from men? (Rhian Noble-Jones)
- The Reliability and Validity of Lymphedema Quality of Life Questionnaire-Leg (LYMQOL-Leg) in Turkish Patients with Lower Limp Lymphedema (Merve Denizli)

**Odyssee – Abstract session: Breast cancer lymphoedema Chair Margaret McNeeley**
- Local skin cooling to treat and reduce breast cancer-related lymphedema and fibrosis of the arm or breast (Jean Yzer)
- Validity and reliability of the breast edema questionnaire (BrEQ) for the assessment and follow-up of breast edema (Hanne Verbelen)
- Accuracy of a single measurement site for self-monitoring of patients with breast cancer at risk for lymphedema (Janine Hidding)
- Lymphedema Results of Alliance Z1071 (American College of Surgeons Oncology Group [ACOSOG]): Self-reported Symptoms and Limb Volume Changes for Breast Cancer Survivors Treated with Neoadjuvant Chemotherapy and Axillary Dissection (Jane Armer)

**La Fontaine – Abstract session: National initiatives, Chair Junko Sugama**
- Developing a Dedicated Lymphedema Clinic:The Impact on the Population of Qatar (Emad Abdalla)
- Perceptions of living with lymphoedema in Singapore (Elizabeth Jiahui Chan)
- Results and Tolerance of Compression therapy in a tropical environment (Arun Gogia)
- Lymphoedema Awareness in International Health and Development (Tamara Kosevic)

**Trinidad – Abstract session: Therapy general Chair Wouter Hoelen**
- **Invited speaker: Dorit Tidhar "Lymphedema, A Significant Health Problem in Israel - a community-based study "**
- **Invited speaker: Dorit Tidhar "The meaning of success in lymphoedema management: a qualitative and a quantitative perspective"**

**Sun room – Abstract session: Service development & review Chair Robert Damstra**
- The Development of Lymphoedema Network Wales (Melanie Thomas)
- The Demographic Properties of the Patients Referring to Lymphedema Unit in a University Hospital (Pinar Borman)

**Abstract session: Paediatric & primary**
- Lymphatic Anomalies in Cardio-Facio-Cutaneous Syndrome (KRAS mutations): Case Report of Three Paediatric Cases and a Review of the Literature (Manon van Huijkelom)
- An Evaluation of a Paediatric Lymphoedema Service -- A Family Centred Approach (Elizabeth Coveney)

**Sky room – C hAbstract session: Assessment Chair Hiromi Sanada**
- The incidence and detection of Planter oedema (Jane Wigg)
- Lymphoedema: usefulness of the Echo-colour-Doppler diagnostics (Marina Cestari)
- Versatility of Indocyanine Green Fluorescence Lymphography in the Outpatient Setting (Hiroo Suami)
- Venous congestion and lymphoedemaenous congestion and lymphoedema (Alex Munnoch)

**Smoking room/Grand Ballroom deck – Workshop: Yoga (2 hr)**
- Yoga exercises for upper limb (breast cancer related) lymphoedema

**Grand Ballroom – Abstract session: Surgery for lymphoedema Chair Håkan Brorson**
- **Invited speaker: Harry Voesten "The surgical management of lymphoedema: the Dutch experience"**
- Values and limits of surgery in primary and secondary lymphedema (Sandro Michelini)
- The impact of Lymphatic Venous Anastomosis (LVA) surgery at the Welsh national centre (Nader Ibrahim)

**12.15 - 13.00** Lunch

**13.00 - 14.00** Poster session | Poster session

**13.00 - 14.00**

**Theatre/plenary room – Sponsored session**

**Symposium (BSN)**
**"Impact of seamless compression garments on limb functionality, comfort and quality of life", Dr. Anya Miller - Private Practice, Berlin, President German Society of Lymphology (DGL), Germany**
**"Making night-time compression a comfortable reality"**
**Justine Whitaker - Director & Nurse Consultant Northern Lymphology Ltd, Senior Lecturer University of Central Lancashire, UK**
**"JOBST® Relax as pediatric solution – case study on a 4 year old"**
**Mireille Lauret-Roemers – Physical Therapist, co-owner OOFU, teacher at the NPI, school for oedema physiotherapists, Netherlands**

**Odyssee – Sponsored session**

**Symposium (3M)**
***2 layers, many possibilities***
**" Using a 2 layer compression bandage as part of a lymphedema care pathway by Vodder – BENEVOLUTION"**
**Tim De Cock - Physiotherapist & Lecture at Vodder School BE NL.**
**"How a 2 Layer Compression System can aid in self bandaging"**
**Denise Hardy - Kendal Lymphology Centre (UK) clinical nurse specialist.**
**Joyce Bosman - Oedema Therapist LOF Groningen (NL) - TBC**

**La Fontaine – Workshop InBody**

**The use of Bioelectrical impedance analysis in Lymphedema by Ai Lan Souw**

**Grand Ballroom – ICC**

**14.00 - 15.00**

**Theatre/plenary room – Abstract session: Therapy general Chair Susan Nørregaard**
- **Invited speaker: Dorit Tidhar "Lymphoedema in heart failure patients "**
- ICF Core Sets for lymphedema in daily practice: a case report (Peter Viehoff)
- Eating to Starve Lymphedema (Chuck Ehrlich)

**Odyssee – Abstract session: Surgery for lymphoedema Chair Harry Voesten**
- **Invited speaker: Alex Munnoch "Quality of life after the surgical management of lymphoedema"**
- Choice of Lymphatic Microsurgery Procedure Guided by Pathological Transport Index on Lymphoscintigraphy (Corradino Campisi)
- Lymphatic Vessel Sparing Liposuction for Advanced Stages of Peripheral Lymphedema (Corrado Cesare Campisi)

**La Fontaine – Abstract session: Assessment Chair David Keast**
- Imaging of lymphatic and interstitial space in lymphedema-necessity to use combined methods (Waldemar Olszewski)
- Near Infrared Lymphofluoroscopy Imaging (NIRLFI) ; Outcomes and drainage pathways from our first 60 UK patients (Jane Wigg)
- Early detection of secondary lymphedema after cancer treatments (Jean-Paul Belgrado)
- Lymphoedema: Usefulness of the Echo-Colour-Doppler Diagnostics (Marina Cestari)

**Trinidad – Abstract session: Breast cancer Chair Nicole Stout**
- Axillary Web Syndrome, Breast Pain, Swelling and Seroma appearing Seven Months Post Lumpectmy and Radiation (Jillian Bracha)
- Feasibility of conducting RCT of effectiveness of treatment for women presenting with early untreated breast cancer-related arm lymphoedema (Eunice Jeffs)
- Evaluation of the reliability of four measuring methods of hand's perimeter and volume : Buoyancy Forces ValGrado System, circumference measurement, Figure-of-Eight Method and Manu3metrix Scanner (Sophie Vankerckhove)
- What do women want and practitioners expect from lymphoedema treatment? Views of lymphoedema practitioners and women with breast cancer-related arm lymphoedema (Eunice Jeffs)

**Sun room – Workshop: "Comprehensive approach for assessing chronic oedema"**
- Does oedema predict pressure ulcer development among inpatients? Analysis using medical big-data in an university hospital in Japan (Prof. Hiromi Sanada)
- **Prevalence and impact of chronic oedema in Japan (Invited speaker Prof. Junko Sugama)**
- How do we assess oedema by pitting test? (Dr. Aya Sato)
- **Ultrasonography, thermography and skin blotting as a new assessment method for cellulitis with lymphoedema: A case study (Invited speaker: Dr. Misako Dai)**
- Biomarker for identifying lymphatic injury using skin blotting technology (Dr. Gojiro Nakagami)
- A possible biomarker for lymphatic injury detected by skin blotting technique: An experimental study in pressure ulcer model mice (Gojiro Nakagami)

**Sky room – Abstract session: Self- management Chair Nele Devoogdt**
- **Invited speaker: Sue Gordon "The challenges of self-management in lymphoedema"**
- Towards Lymphoedema Self-Management: A Qualitative Systematic Literature Review (Teksin Kopanoglu)
- Reducing Compression Garment Waste, Harm and Variation in Lymphoedema Services in Wales (Melanie Thomas)

**Smoking room/Grand Ballroom deck – Workshop: Yoga (2hr)**
- Yoga exercises for Lower Limb (Primary and secondary) lymphoedema

**Grand Ballroom – ICC**
- Standardization of a pressure-measuring device for optimizing lymphedema treatment with compression garments H.Brorson
- Effect of subcutaneous pressure on interface pressure measurement during compression therapy Y.W.Chi
- Monitoring of edema treatment by electronic device H.J.Thomae
- Combining IPC with static compression treatment to improve patient's compliance using innovative smart materials O.Zelka
- Good buy slippage - a new fusion to tackle bandage slippage on the foot A.Nilsson, J.Damm
- A new sub bandage measuring device S.Kravitz

**15.00 - 15.30** Coffee/tea | Coffee/tea

**15.30 - 17.00** **Plenary session II: Children Chair Robert Damstra**
- Invited speaker: Khristiana Gordan "Primary lymphoedema: a diagnostic algorithm"
- Invited speaker: Isabelle Quèrè "Cellulitis in children with lymphoedema"
- Invited speaker: Aimee Auberluck "A mixed method study to explore the perceptions of self management in children adolescents parents and professionals. An ILF research initiative"

**Grand Ballroom – ICC**

**Working groups**
- International Compression School: A new ICC initiative G. Mosti, H. Partsch
- How to measure the pressure: J.Schuren
- IPC: M.Klöppels

**17.00**

## Friday

Rooms: Theatre/Plenary room | La Fontaine | Odyssee | Trinidad | Sun room | Sky room | | Grand Ballroom

**09.00 - 10.30** **Plenary session III: Obesity in Lymphoedema Chair Vaughan Keeley**
- Invited speaker: Tobias Bertsch "Lymphoedema in obesity: Clinical management and outcomes"
- Invited speaker: Babak Mehrara "Obesity, inflammation and lymphatic dysfunction"

**10.30 - 11.00** Coffee/ tea | Coffee/tea

**11.00 - 12.15**

**Theatre/Plenary room – Abstract session: Cancer related lymphoedema Chair Jane Armer**
- **Invited speaker: Nicole Stout "Oncology rehabilitation and secondary lymphoedema: the prospective surveillance mode"**
- The prevalence, incidence and quality of life impact of lymphoedema after treatment for vulvar or vaginal cancer (Elise Gane)
- Distress and self compassion among women with cancer-related lymphoedema in Australia (Malou van Zanten)
- The incidence and effects of lower limb lymphedema in women treated for gynaecological cancer in South Africa (Lize Maree)
- Effect of Nordic Walking on the upper limb volume in normal and BCRL women (Jean-Paul Belgrado)

**La Fontaine – Abstract session: Surgery for lymphoedema Chair Alex Munnoch**
- **Invited speaker: Håkan Brorson "Liposuction in lymphedema patients – a 25 years' prospective study without recurrence"**
- Microsurgical procedures for unresponsive groin lymphocele associated to leg lymphedema (Sara Dessalvi)
- Super-microsurgical lymphaticovenous anastomosis (LVA) for gluteal lymphedema secondary to hip replacement (Guido Giacalone)
- Lymphedema of lower limbs can be successfully controlled by implanted silicone bypass tubings (Waldemar Olszewski)

**Odyssee – Abstract session: Therapy general Chair Sue Gordon**
- **Invited speaker: Margareth McNeeley "The role of exercise in the management of lymphoedema"**
- Randomized study to compare efficacy of short stretch bandage systems from KOB with locally used Cotton Crepe Bandages in the treatment of lower limb lymphoedema (Arun Gogia)
- Hydromechanics of edema fluid under elastic material compression (Marzanna Zaleska)
- The effect of compression with a non-elastic compression device in patients undergoing a total knee arthroplasty, compared with usual care. A pilot study with 39 participants (Ad Hendrickx)

**Trinidad – Abstract session: Lipoedema Chair Wilfried Schmeller**
- **Invited speaker: Dorit Tidhar "Aqua lymphatic therapy in the management of Lymphedema and lipoedema"**
- Quality of life in relation to physical activity in patients with lipedema (preliminary results) (José van Esch-Smeenge)
- Upper Extremity Lipedema (Type IV) in a Male Patient: A Case Report of a Rare Condition (Alper Tuğral)
- Lipedema and metabolic disease (Sandro Michelini)
- Review Lipoedema guidelines (Ellen Kuijper-Kuip)

**Sun room – Abstract session: Framework initiatives & Education Chair Margaret Snedden**
- On the Ground Education Project results and recommendations (Karen Morgan)
- American Lymphedema Framework Project (ALFP) Open-space Stakeholder Meetings: Aiming to Shape the Future of Lymphedema Care in the United States and the World (Jane Armer)
- Creation of an ELearning Lymphoedema Module (Karen Morgan)
- How Lymphedema Compression Bandages, Garments, Devices and Supplies Should be Covered by Medicare as Prosthetic Device Benefits (Robert Weiss)
- Development of the Chronic Oedema "Wet Leg" Pathway and educational film to support implementation (Karen Morgan)
- Passion;what are the reasons health care professionals loose their passion and how to find it (Jane Wigg)

**Sky room – Abstract session: Self-management Chair Kristiana Gordon**
- **Invited speaker: Nicole Stout "Guidelines for self-management of lymphedema"**
- Using Technology To Improve Lymphoedema Self Care (Melanie Thomas)
- Evaluating the Tripudio Movement System within a lymphoedema self-management programme: a third sector service development initiative (Anne Williams)
- Keys to enhance patients adherence to compression therapy (Joseph Harfouche)
- A perspective on addressing patient-reported barriers to lymphedema self-bandaging by utilizing the therapeutics of communication (Naomi Dolgoy)

**Grand Ballroom – ICC**
- Epidemiology of chronic edema C. Moffatt
- Edema is more than excess of fluid W. Olzewski
- Every kind of edema is lymphedema V.Keeley
- Contraindication and special precaution for compression in chronic edema E.Rabe
- Compression materials in chronic edema F.Schingale
- Self management in lymphedema R. Damstra

**12.15 - 13.00** Lunch

**13.00 - 14.00** Poster session | Poster session | Poster session

**13.00 - 14.00**

**Theatre/Plenary room – Sponsored session**

**Symposium (medi) *Compression under pressure***

**La Fontaine – Sponsored session**

**Symposium (Bauerfeind) *Treatment of patients with lymphedema* , Speakers:**
**Christine Moffatt: "Concordance in compression therapy";**
**Misbah Ahmed: "Extreme lymphedema of lower extremities"**

**14.00 - 15.00**

**Theatre/Plenary room – Abstract session: Assessment Chair Marina Cestari**
- **Invited speaker: Nele Devoogdt "Clinical diagnosis of lymphoedema (Lymphofluoroscopy)"**
- Effectiveness of IPC can be shown on NIRF ICG lymphography (Marzanna Zaleska)
- Exploiting 3D Scanning Technology in Lymphoedema for Accurate and Fast Measurements of Volume and Shape (Cheryl Pike)
- Analysis of unilateral upper limb lymphoedema using a 3D camera (Raoul van Loon)

**La Fontaine – Abstract session: Therapy general Chair Jean-Paul Belgrado**
- Patient Experience of Lymhpoedema Care (David Keast)
- Development of Lymphoedema MDT and Complex Clinics (Cheryl Pike)
- Prevalence of local oedema surrounding diabetic foot ulcers (Mireille Boink)
- A new device to improve skin tissue oxygenation: the next generation of portable rehabilitation tools? (Justine Whitaker)

**Odyssee – Abstract session: Surgery Chair Hiroo Suami**
- Advanced postmastectomy lymphedema is successfully treated ub silicone tubing arm pit bypasses (Waldemar Olszewski)
- SPECT/CT lymphoscintigraphy for lymphatic venous anastomosis in peripheral lymphedema (Jiro Maegawa)
- Debulking surgery for lymphedema - 13 years experience with liposuction (Alex Munnoch)
- Treatment of recurrent lymphocele and severe lymphorrhea after oncologic surgery (Guido Giacalone)

**Trinidad – Abstract session: Therapy general Chair Sandro Michellini**
- **Invited speaker: Margareth McNeeley "Nighttime compression"**
- Impact of 12 weeks of Intermittent Pneumatic Compression (IPC) on the quality of life of patients with lower limb lymphoedema (Neil Piller)
- Linforoll- tissue massaging device - tissue events directly observed during massage (Waldemar Olszewski)

**Sun room – Abstract session: Lipoedema Chair Susan Nørregaard**
- Comparison of Dielectric Values of Patients with Lipedema and Those with Lower Limb Lymphedema (Alper Tuğral)
- A health profile in patients with lipedema (José van Esch-Smeenge)
- Does tumescent liposuction diminish the lymphatic function in the legs of lipoedema patients? (Robert Boonen)

**Abstract session: Prevalence**
- Filariasis Incidence Estimation based on a Household survey for long term effects in an Endemic Area in India (Arun Gogia)

**Sky room – Workshops**
- Dorit Tidhar "The meaning of success in lymphoedema management: qualitative study and a systematic review on quantitative outcome"
- Irene Zonderland & Ad Hendrickx "Applicability and added value of the concept op Positive Health in patients with complex lymphedema"

**Grand Ballroom – ICC**
- What compression pressure to treat edema G.Mosti
- Importance of stiffness for edema reduction M.Neumann
- Compression pressure effect on lymphatics J.P.Belgrado
- Optimal intermittent pneumatic compression in lymphedema M. Zaleska

**15.00 - 15.30** Coffee/ tea | Coffee/tea

**15.30 - 17.00** **Plenary session IV: Lipoedema Chair Neil Piller**
- Invited speaker: Tobias Bertsch "Lipoedema facts and fiction"
- Invited speaker: Stanley Rockson "The role of inflammation in lipoedema"
- Invited speaker: Wilfried Schmeller "Liposuction for lipoedema"

**Grand Ballroom**
- Compression in chronic oedema-Orthopedic aspects or venous system Th.Stumptner
- Prophylactic compression after breast cancer surgery K. Ochalek
- Comparison of handling, pressure and wearing comfort of different compression devices for decongestion therapy K.Protz
- Treatment protocol on stasis edema in poorly mobile nursing home patients JP Benigni
- Which compression for mild to moderate C3 patients ? D.Rastel
- Compression to reduce edema in a patient with arterial occlusive disease C.Sanchez

**17.00**

## Saturday

**08.00 - 09.00** MEDI RUN

Patient day: La Fontaine | Odyssee | Trinidad — Children day: Sun room | Sky room | Children Outcomes meeting

Rooms: Theatre/Plenary room | La Fontaine | Odyssee | Trinidad | Sun room | Sky room | | Grand ballroom

**09.30 - 11.00**

**Theatre/Plenary room – Plenary session V: Novel treatment & Outcome measures Chair Margaret Sneddon**
- Invited speaker: Stanley Rockson "Novel treatments for lymphoedema: drugs and surgical scaffolds"
- Invited speaker: Christine Moffatt "Update on ILF Outcomes project"
- Invited speaker: Isabelle Quèrè "ILF Childrens project"

**Patient day (La Fontaine / Odyssee / Trinidad)**
- 9.30-9.45 Opening of Patient Day with Lymph-kids and paralympic atlete
- 9.45-10.05 Paralympic athlete motivational speech: how to get from drama to dream.
- 10.05-10.30 Plea for better understanding and interaction between patient and professional (Jannie Oskam NL)

**Sun room – Childrens & parents day (Journey through the lymphatic system)**
- 'Journey through the lymphatic system-game'

**Sky room – Childrens & parents day (Journey through the lymphatic system)**
- Plenary opening by Jikse Griffioen
- Edema and moving (Anouk vd Meer & Inge Kijkindevegte)

**Children Outcomes meeting**

**11.00 - 11.30** Coffee/tea and Fashion show

**11.30 - 12.45**

**Theatre/Plenary room – Abstract session: Therapy general Chair Dorit Tidhar**
- **Invited speaker: Nele Devoogdt "The role of manual lymph drainage (MLD) in the prevention and treatment of lymphoedema: the research evidence"**
- Piling on the pressure - Proven! (Janet Massey)
- Effect of decongestive lymphatic therapy on dermal backflow pattern visualised by lymphofluoroscopy (Sarah Thomis)
- Treatment algorithm for management of lymphedema (Kenley Schmidt)

**La Fontaine – Lymphoedema**
- Pain & the Brain, Barriers for self-management (Annemarieke Fleming, NL)
- Using technology to improve lymphoedema self care (Melanie Thomas, UK)
- Living with lymphoedema based on the new definition of health (Stef Slavujevic, NL)
- How to live a self managing life with lymphoedema? (Sarah Jouanny, FR)

**Odyssee – Lipoedema**
- Lipoedema research; first results
- Results of lipoedema survey Lipoedema UK (Sharie Fetzer, UK)
- Review lipoedema guidelines (Ellen Kuiper, NL)
- Quality of life in relation to physical activity in patients with lipoedema (preliminary results) (Jose van Esch-Smeenge, NL)

**Trinidad – Abstract session: Breast cancer lymphoedema Chair Wouter Hoelen**
- A Prospective Study on the Impact of Ipsilateral Intravenous Chemotherapy Infusions on the Risk of Breast Cancer-Related Lymphedema: Implications for Current Guidelines (Alphonse G...
- Compression treatment for arm lymphoedema following breast cancer treatment, RCT study. Preliminary results (Karin Johansson)
- Proprioception sense in lymphedema affected upper limb (Sandro Michelini)
- Assessment of armlymphedema using tissue dielectric constant (TDC) technique in patients previously treated for breast cancer without pre-surgery measurements (Tapani Lahtinen)
- Range of Motion (ROM) Outcomes among Women Receiving a Lymphedema-prevention Intervention Following Axillary Node Dissection for Breast Cancer Treatment: (Alliance) CALGB 70305 (Jane Armer)

**Sun room**
- Moving with edema is performing top sport with Jiske Griffioen. *(Sunroom)*
- Small games for children with Jolanda
- Kickboxing with edema: kickboxer Alex van Suffelen will perform a practical workshop about moving with edema (kickboxing set to your goals and abilities). *(Sunroom)*

**Sky room**
- Art around edema: workshop 'Make a Compression-Artwork': artist Rob Van den Broek. *(Skyroom)*
- Art around edema: workshop dress yourself and/or pimp your (old) stocking: artist Rob Van den Broek. *(Skyroom)*

**Grand ballroom – Abstract session: Breast cancer lymphoedema Chair Tobias Bertsch**
- The Efficacy of Phase-1 Complete Decongestive Therapy in a Combined Manner in Breast Cancer-related Lymphedema Patients: Relationship with Functional Status and Quality of Life (Pinar...
- Assessing the presence of breast lymphoedema following breast cancer treatment: Preliminary results (Katie Riches)
- The Association of Upper Extremity Symptoms and Breast Cancer-Related Lymphedema (BCRL): A Longitudinal Analysis of Subjective and Objective Data (Cheryl Brunelle)

**12.45 - 13.30** Lunch and Fashion show

**13.30 - 15.00**

**Theatre/Plenary room – Plenary session VI: Cellulitis Chair Babak Mehrara**
- Invited speaker: Vaughan Keeley "Guidelines for managing cellulitis and research priorities"
- Invited speaker: Robert Damstra "Compression in cellulitis"
- Invited speaker: MG Aggithaya "Cellulitis in lymphatic Filariasis"

**Patient day**

**La Fontaine – Primary lymphoedema**
- An evaluation of a paediatric lymphoedema service - a family centred approach (Elizabeth Coveney)
- How to take care of patients with paediatric lymphoedema (Johannes Veldkamp)
- Implementation of night compression in the management of lymphoedema in daily practice (Andrea Brennan, US)
- Parents story having a child with primary lymphoedema (Lisanne Stone en Joost Mulders, NL)

**Odyssee – Secondary lymphoedema**
- Distress and self compassion among women with cancer-related lymphoedema in Australia (Malou van Zanten, AU)
- The prevalence, incidence and QoL impact of lymphoedema after treatment for vulvar or vaginal cancer (Elise Gane, AU)
- What do women want and practitioners expect from lymphoedema treatment? (Eunice Jeffs, UK)

**Trinidad – Lipoedema**
- Pain & the Brain, Barriers for self-management (Annemarieke Fleming, NL)
- Lipoedema Workout (launch of the movie) (Barbara Boots and Margot Suelmann, NL)

**Sun room**
- Workshop: 'Ask me anything': for children without their parents, easy going panel, guided by Yol Kuier (parent-coach), Carla Rienstra (skin therapist) and Mireille Lauret (edema physical therapist). *(Sunroom)*

**Sky room**
- Travel through the lymphatic system: workshop-choices on board. *(Skyroom)*

**15.00 - 15.30** Coffee/tea

**15.30 - 16.30**

**Theatre/Plenary room**
- **Closure**
- **ILF & NLNet closure, announement of ILF 2019**

**Trinidad**
- **Care in the future**
- **Panel: meet the professional**
- **Closure of Patient Day with catwalk Lymph-kids**

**Sky room**
- Finishing up the 'Journey through the lymphatic system-game' by counting all points, receive their certificate and their goodie bag.
- Small talks, checking/finishing makeup for the catwalk.
- Gathering with your piece of art, pimped stocking, colored-bandaged leg or arm – ready for the 'catwalk'.
- Plenary ending of the patient day with short catwalk where the children show their projects of the day.

**16.30**